

# PRODUCT DATA SHEET

## BASIC IMMUNE NUTRIENTS

### DESCRIPTION

Dietary Supplement

### Basic Immune Nutrients™

#### Supplement Facts

Serving Size: Twelve Capsules Servings Per Container: 30

Twelve Capsules Contain: % DV

Vitamin A (from 50,000 IU Mixed Carotenes and 7,500 IU Palmitate)	57,500 IU.	11,500%
Vitamin D (as Vitamin D3)	1000 IU.	250%
Vitamin E (as d-Alpha-Tocopheryl)	800 IU.	2666%
Thiamine (as Thiamine HCl)	40 mg.	2667%
Riboflavin (as Riboflavin 5'- Phosphate)	11 mg.	647%
Niacin (from 30 mg Niacin and from 130 mg Niacinamide)	160 mg.	800%
Vitamin B6 (as Pyridoxal 5'- Phosphate)	34 mg.	1700%
Folate (500 mcg as Calcium Folate and 500 mcg as 5-Methyl-tetrahydrofolate)	1000 mcg.	250%
Vitamin B12 (225 mcg as Adenosylcobalamin and 225 mcg as Methylcobalamin)	450 mcg.	7500%
Biotin	400 mcg.	133%
Pantothenic Acid (as Calcium Pantothenate)	413 mg.	4130%
Calcium (as Calcium Citrate-Malate)	300 mg.	30%
Iodine (from Potassium Iodide)	225 mcg.	150%
Magnesium (as Magnesium Citrate-Malate)	285 mg.	71%
Zinc (as Zinc Picolinate)	15 mg.	100%
Selenium (as Selenium Picolinate)	400 mcg.	571%
Copper (as Copper Picolinate)	1.5 mg.	75%
Manganese (as Manganese Picolinate)	15 mg.	750%
Chromium (as UltraChrome®)	200 mcg.	167%
Molybdenum (as Molybdenum Picolinate)	100 mcg.	133%
Potassium (as Potassium Citrate-Malate)	90 mg.	2.5%
Boron (as Boron Picolinate)	3 mg.	*
Choline Citrate	100 mg.	*
Vanadium (as Vanadium Picolinate)	100 mcg.	*
Coenzyme Q10	200 mg.	*
R-Lipoic Acid	225 mg.	*
N-Acetyl-L-Cysteine	2000 mg.	*
Lipase (vegetarian)	30,000 IU.	*

\*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine,† Silicon Dioxide.†

†A hypoallergenic ingredient used to fill space.

### VMH / 360 Vegetarian Capsules

### EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

### HOW SUPPLIED

Basic Immune Nutrients is supplied in bottles of 360 two-piece vegetarian capsules. Packed 12 bottles per case.

### CONTRAINDICATIONS AND WARNINGS

Copper is contraindicated in a patient with Wilson's disease.

Iodine has prompted allergic reactions in some individuals.

This product is contraindicated in a patient with a history of hypersensitivity to any of their ingredients.

### INTERACTIONS

A patient who is taking the drug methotrexate for cancer therapy should not take folic acid concurrently, as folic acid may decrease the effectiveness of methotrexate.

### PREGNANCY WARNING

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

*While some companies say  
they are raising their standards  
... at Thorne, we set them.™*



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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## DOSAGE

Adult patients: 3-6 capsules twice daily, or as otherwise directed by a health-care practitioner.

## STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

## TRADEMARK AND PATENT INFORMATION

UltraChrome® is Thorne's trade name for Chromium (4 oxopyridine2,6-dicarboxylate, arginate). Protected under U.S. Patent No. 5,665,385.

## MANUFACTURED BY

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